



What a wonderful, fun and endearing time we had at the March State meeting! Kudos to all of you, but especially Sigma Chi for being warm, gracious hosts!

I was very impressed with the people who came that had never attended a state meeting before. My, oh my...how about Brenda and Judi G. Sharing their ESA story to Miss Renea as she sat between them on the airplane...now that is what you call commitment to attaining new members! Thank you, Brenda and Judi for bringing lovely Miss Renea into our fold. Keep sharing your stories! And I hope all of you are sharing your stories. We are all so blessed that SOMEONE shared their story with us and that is why we are part of this inspiring organization. Thank you, Beth Laage for bringing me into the fold.

Speaking of stories, I was not home very long on the day of the meeting before I received a text from Amy Hudoba explaining that ON HER WAY HOME, she encountered an opportunity to share HER ESA story. So of course, she did!

These are exciting times for us my friends! We are embracing the beauty in change. I am so thankful for each of you. I believe that there are no coincidences, that people enter your life because they are supposed to be part. There is a plan for growing ESA and we are all an integral part of that plan! I look forward to hearing from more of you about how you are sharing your story and growing ESA. Our Amanda is certainly doing her part as well!

Judi Grefer is our IC representative at our state Convention this year, and we are thrilled! I have not heard from MARC as to IF we will have representation or not. I will keep you posted.

As I listened to Therese and Amanda talk about the plans for convention, I became very excited. Please encourage all your members new and old to come. It is a terrific celebration of all of our Philanthropic endeavors!

I do want to thank each chapter in the way they embraced the St. Jude auction this year. What a creative way to involve everyone in taking part

In the effort to raise funds for St. Jude. Thank you, Beth and Nancy. Job well done!

I feel like we have finally recovered from the Covid years! It is great to have face to face meetings! We will Zoom our convention so everyone can have an opportunity to join us.

Take care of yourselves and your sisters and brothers. We all need each other. Thank you for a year that has been filled with joy.

You remain close to my heart.

Much love and hugs,

Joan

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VICE PRESIDENT . . . AMANDA ROWLAND

Greetings everyone! 2023 has just been flying by. It's time for Spring breaks and flowers!

Its also time for everyone to start thinking about serving on my board for the 2023-2024 year. Since this will be my second time as your Ohio State President, I feel I will be more prepared and ready to make an even bigger impact this time but I need your help and support as a well working board to achieve those goals. Please consider the open positions remaining: Easter Seals, ESA for St Jude Jr, Philanthropic, Social, Special Projects, and Ways and Means.

I do still need those positions filled for my board. I'd like to give a huge shout out to those who have stepped up for me and Ohio so far.

Moving forward, I have also received meeting bids for 2023-2024 which will be voted on at May Convention. Please see details:

September 2023: Gamma Beta, Sigma Chi, Pi Xi

March 2024: Sigma Chi, Pi XI

For convention 2024 we have received a chapter bid from Delta Chi.

Beta Psi and PIXI are working together to host the 2023 State convention, please see the attached registration form.

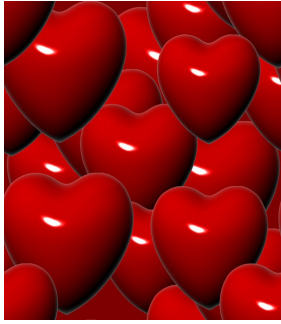
Please submit to me by April 15th your outstanding pledge and member to be recognized at the Friday night mixer at Ohio State Convention.

If you attended the March Council meeting, you know how amazing Joan our President did with it. Thank you to Joan for a great day and thank you to Sigma Chi for a great space and meeting!

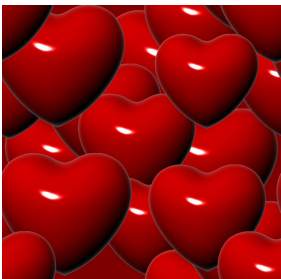
Ohio is such a great place to be apart of ESA in. Truly inspiring ladies. Keep it up! Make sure you are sharing your stories and posting on social media to gain more interest.

If you need anything please reach out to me! All **Heart** in ESA,

Amanda Rowland



Please refer to the table at right for the **2023-2024** list of the Individuals who have chosen to give their **Heart** in ESA:



President	Amanda Rowland
Vice President	Tammy Reynolds
Corresponding Secretary	Debbie Lambdin
Recording Secretary	Therese Snively
Treasurer	Mary Lykins
Parliamentarian	Brenda Meyers
Editor	Kathleen Seewer
Junior Past President/Disaster Fund	Joan Farabee
Awards	Linda Dawes
Chaplain	Madeleine Kurzynski
Easter Seals	
Educational	Pat Walker and Linda Dawes
ESA Foundation	Mary Lykins
ESA for St. Jude Sr	Judi Grefer
ESA for St. Jude Jr	
Marc Rep	Shirley Krcmar
Marc Rep	Denise Gumbita
Membership	Beth Laage
Membership	Becky Karlak
Philanthropic	
Social	
Associate of the Arts	Kathi Silvey and Jill Montgomery
Social Media	Becky Lloyd and Amanda Rowland
Special Projects	
Ways and Means	
Webmaster	Becka Lloyd
Youth Award	Mary Lykins

SOCIAL MEDIA: AMANDA ROWLAND

Ohio State Council has a twitter and Instagram along with the Facebook page.

Twitter: <https://twitter.com/oscofesa>

Instagram: <https://www.instagram.com/oscofesa/>

Facebook Page: <https://www.facebook.com/OSCoFESA>

Don't forget to send me things to post. Thanks.

ST. JUDE LETTER WRITING CAMPAIGN. . . AMANDA ROWLAND

At leadership, Beth Perkins from ALSAC talked about this letter writing campaign. I become very interested. There is a prewritten letter you just mail out to everyone you know. I love the idea so much! I love snail mail too! Call me old school, I guess!

If you or your chapter is interested just email DeenaS@epsilonalpha.org and she will send you the info.



Lauren Hinshaw...Essay

To me, the definition of an outstanding individual is this: someone who values and exemplifies core values like integrity, a strong work ethic, humility, and consideration for others. Outstanding individuals aren't perfect, but they try.

What is integrity? First, it's when your words and your actions line up. Second, it's when you not only fulfill their promises, but you show prudence with your choices.

I have been identified by my peers, coaches, and teachers as someone who is reliable, dependable, disciplined, and respectful- components of integrity. I have never missed practice or work without a legitimate excuse. I can count on one hand, days that I have missed school in the past four years. In addition, I do not pretend to claim one thing and then live a different lifestyle. For example, I am a member of a club called H.U.D.D.L.E which teaches middle schoolers about the dangers of alcohol, smoking, and drugs. What I preach, I practice in my own life. While no one is perfect; it matters to me that my word holds weight because of my example. What I teach to the younger kids about drugs and life choices, I live out in my own life as a woman of my word.

Outstanding individuals also have a strong work ethic. This value is near and dear to my heart because truth be told, I'm not a natural scholar. Despite the occasional disparaging comment dispensed by a well-meaning teacher, I've always! chosen to focus on what I can control-my effort. Faced with challenges, I am always determined to do the best with my ability.

I am proud to say that my mantra has served me well in my academic journey over the years. Undoubtedly, my strong work ethic carried me through my studies and sports. My attitude of determination, perseverance, humility to ask for help, and willingness to take risks to step out of my comfort zone, have propelled me far beyond what was expected. Since my sophomore year, I have not only advanced into higher level coursework. but have also participated in college classes. I have been inducted into the National Honors Society, and consistently receive recognition on the Honor Roll. I am beyond grateful to say that I will graduate not only with an honors diploma but also with an Associates of Liberal Arts degree from the community college this May.

An outstanding individual is someone who is not afraid to create their own path and rise above expectations, yet remains humble. They are critical thinkers who have the ability to adapt and to be flexible to the environment and people around them. They are teachable and recognize they don't have all the answers. They are known for listening rather than giving their opinions. They have an ability to see other's perspectives and to empathize. Also, they are inclusive because they recognize everyone has value and different gifts.

Encountering many different people in many different environments, I've had the opportunity to practice empathy, humility, and active listening over the years. For example, growing up in a racially and economically diverse church, I was taught to appreciate a variety of different people beyond their differences.

Lauren Hinshaw...Essay (continued)

This experience has helped me to consider what others may be going through before making judgments. Through our benevolent arm of the church, I have also had a lot of practice and exposure being able to work people from all walks of life in many different environments such as the Homeless Stand Down in Cleveland, the Lions Club lend a hand food distribution, annual walk for hunger, and most recently, volunteering with the Hope (Helping Other People Everywhere) Youth Corp. Over the summer, I had the opportunity to travel to Daytona Beach Florida to help teach foster kids how to swim. Keeping an open mind "to see" all people instills gratitude and builds unity. An outstanding individual appreciates those differences and is known for loving people.

Finally, an outstanding individual is one that encourages and makes everyone around them a better version of themselves. They have a team player mindset. I believe my position as a goalkeeper has helped develop this quality over the years. As the last line of defense, I see the entire field and appreciate every position in front of me. I am able to command the field and anticipate changes that need to take place to maintain a stronghold. I have learned that words of affirmation and providing clear constructive feedback is most effective. I recognize that I am only as strong as the people in front of me, and therefore, to succeed we need to build one another up and support one another. Each player is important. Out of all of my high school accolades, I am most proud of winning the 2022 best teammate award from my High School soccer program. I believe an outstanding individual is known as the glue—they have the ability to bring people together and to provide a safe space for people to feel free to grow.

Overall, outstanding means something or someone that is distinguished. I have been able to be a part of many great things in life. I have served, worked, loved, and competed in all different areas of my life that have shaped me into the person I am today. My efforts have prepared me to compete for scholarship opportunities to help me to reach my end goals. I believe that I am an outstanding individual, not just because of what I have accomplished, but who I have touched and who I have become and continue to become because of my choices.

Lauren Hinshaw 1/28/23





Happy Spring to all of our Ohio ESA brothers and sisters,

My daffodils are out, and Lowes Home Improvement Center has their pansies in!! What better sign of spring!! I'm sure everyone is tired of the dreary weather and happy to see the sun out!!

The St Jude 50 for 50 campaign is officially over, and WOW, did we all ever exceed our expectations!

Grand total was \$1,279.00. Ohio raised a little over \$665.00. Great job was done by all! I've said it before, and I'll say it again. I'm so proud to be part of this wonderful organization that cares so passionately about doing good in this world.

At our state convention, I passed out envelopes with each chapter's totals for St Jude so far this year. Please remember to check your totals to make sure they are correct. If you find a discrepancy, please contact Deena Steele at HQ to let her know. The figures I sent you are from the St. Jude Coordinator's Report that Deena puts out.

Our Ohio State Fundraiser for St. Jude is going well, and I thank you all for your participation and support. Since I am soooo illiterate in social media, I do appreciate all of your patience and understanding at my lack of ability to do a stellar job, but I do want to recognize Mandy and Becka for all their help and support they have given me

throughout the year, making this silent auction a successful endeavor.

We still have a few months to go, so keep those bids coming in!! As of March 1st, our totals raised so far is \$565.00.

Our Ohio Dream Home campaigns were a huge success again this past year. Cincinnati Home raised \$1.3 million and sold out in 5 weeks. The Cleveland Home raised \$2.5 million and sold out in less than 2 hours. Maybe one of these days, Shirley will reveal her secret as to how they sell out so quickly??? Come on Shirley... you can tell us.....we're all friends! HAHAAH

The St. Jude walk/runs were also successful this year, with Cincinnati raising \$78,672.00, Cleveland raising \$97,447.00, and Columbus raising \$90,000.00.

The Cleveland Dream home for this year is well under way. Ticket sales started on Feb. 23rd and sold out in 81 minutes. Our Cincinnati Dream home ticket sales start April 7th. The home will be in Union Ky. Again, with 20,000 tickets to sell. When I spoke with Evan earlier this week, he still had not wrapped up the location for the ticket office, but he will let us all know details within the next week or so!!

Happy Spring everyone!!

Stay safe and healthy
Hope to see you all at IC in Grapevine Texas!!

God's Blessing to all

Beth and Nancy



MARC...SUSAN SCHENZ

What is MARC?

That is a question often asked by new members of ESA. The short answer is Midwest Area Regional Council. Member states are Illinois, Indiana, Kansas, Michigan, Minnesota, Missouri, Nebraska, Ohio, Oklahoma, South Dakota and Wisconsin

What are the objectives of MARC?

1. Promote closer relations and fuller cooperation among the Midwest area state councils, the International Council, ESA Headquarters and the ESA Foundation
2. Assist member state councils in reaching new goals and new heights in the growth and strengthening of ESA in the Midwest area
3. Serve as a means of promoting fellowship and unity among ESA members of the member state councils
4. Offer a means of sharing mutual problems, concerns and goals to better enable the ESA membership of member state councils to serve ESA
5. Generate a means of providing further educational and leadership training for the ESA members in the Midwest area
6. Generally, do any and all things necessary in the fulfilling of the purpose of ESA International

MARC's next event is their mid year's meeting. This meeting is being held in Peoria, Illinois March 9-10, 2023.



Registration form for October 13-14, 2023 Leadership included.

CHAPTER CHATTER . . . DELTA CHI

Hi to all our Ohio ESA brothers and sisters,

Spring is here, (not officially, but I bought my first batch of Pansies at Lowes, so for me....spring is here) hahah

Several of us in Delta Chi have been traveling for the winter in search of warmer weather.

Although I thoroughly enjoyed the warm sunny weather in Florida, I am glad to be home and back to my normal routine. I do love getting away for a while, but I love coming home ever more!!!

We took a break from our usual meeting in Feb, since so many of us were gone, but March is keeping us busy trying to catch up!

I do want to give a shout out to our Lovely (both inside and out) Diane Adams, who has been awarded by the Cystic fibrosis Foundation as being the volunteer of the year. She was recognized in February at a special dinner sponsored by Cystic Fibrosis Foundation, but since most of our Delta Chi sisters were out of town and could not attend, we had our own celebration, and special award we presented to her while dining at Seasons 52 in Rookwood. Diane has worked tirelessly over the last 15 plus years to raise money to help fund research that will cure Cystic Fibrosis. We are so proud of you, Diane, for all that you have done to make a difference, not only for your sweet Christopher, but for all those who suffer from this terrible disease. You have made such a difference and so many lives.....you are truly a Blessing to so many.

Several of us are getting together at Jill's new house in Trenton, along with some other chapters, to put

together quilts for Butler County Foster kids. Jill has graciously hosted a monthly get together where she is overseeing this great project. Besides offering her new home, she has been teaching everyone new techniques in quilting, and letting us experience her long arm quilting machine. We've all had a super great time just getting together, sharing ideas as well as some laughter, learning, and making a difference in the lives of children who are going through the difficulties of dealing with the foster care system. For both sewers and non-sewers, there is plenty of work for anyone who would like to join us!

Judi is still collecting paperback book to send to our veterans. If anyone would like to donate paperback books, or donate to cover the cost of shipping, please contact Judi. This is an on going project, so if you are doing some spring cleaning and come across old books that you are done with, consider giving them to Judi to pass on to our veterans.

Many of us donated coats, hats, and gloves at Christmas for Sojourner to distribute to the homeless/and those in recovery.

Our book club is meeting every other month, and at each meeting, we seem to gather more members. Last month we had a great discussion on "The Music of Bees" by Eileen Garvin. At our April meeting, we will be discussing "Our Italian Summer" by Jennifer

Probst. It's always so fun to get together with others who share your passion for reading! There are so many great books to read, and so little time to read them!!! Oh well.....we do the best we can and love every minute of it!!! Thanks to Joan for organizing our book club outings!!

Several of us will be attending the St Jude Quilt retreat in April. This is an event that I, personally, look forward to every year. I love getting together with so many wonderful, talented women who share a passion for sewing/quilting. I learn something new every year, and always meet new friends. The past 3-4 years, Becky, Nancy, and I have attended, but this year, Linda Dawes will be joining us. I can't wait for this totally awesome retreat!!

Another shout out to Sigma Chi for hosting the state meeting this March 4th. What a great location....it was a wonderful meeting, and of course, our Ohio president was so enthusiastic, engaging, and was being her usual awesome self. Thanks Joan, for your leadership in our state, and thank you Sigma Chi for being such wonderful hostesses! Everything was perf... a good time was definitely had by all!

I forgot to mention in the last BJ that we had some wonderful entertainment at our annual Christmas Party at Becky's home in December. Lynda's sweet granddaughter Lucy, who is 6 years old, played the violin for us. She serenaded us with several songs and was absolutely adorable. I think she will be the

DELTA CHI...(CONTINUED)

by Jennifer Probst. It's always so fun to get together with others who share your passion for reading! There are so many great books to read, and so little time to read them!!! Oh well.....we do the best we can and love every minute of it!!! Thanks to Joan for organizing our book club outings!!

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Nesbitt!! Best of luck to Lucy, she is destined to become a wonderful, world-renowned violin player!!

Our Phyllis is doing well and recovering from a hip replacement as well as covid, and other health issues. Some of us have been able to visit with her, and I am happy to say she looks great and still has her happy smile and wonderful sense of humor.

We continue to ask for prayers for several of our members who continue to struggle with health issues, and we offer our prayers to those in other chapters who continue with their struggles.

Peace and Love to all.

God Bless

Beth



CHAPTER CHATTER...DELTA GAMMA

Whew! We just returned from the March OSC Meeting hosted by Sigma Chi in Cincinnati. The three of us, Sarah Bistline, Denise Gumbita and I, made it a one day trip so it was a long day. Our hosts were so gracious and our president, Joan Farabee, really kept the meeting moving with fun and information along with reports and deadlines from officers and chairs.

On Monday we were busy getting the St. Jude Dream Home tickets ready to mail to those who purchased tickets and didn't have email. Sarah, Denise and I, along with a super St. Jude volunteer, Jenn Robinson, made short work of it.

We had our meeting at a restaurant last month. We decided how to spend our "chocolate" money (philanthropic). As usual, our first donation was to our international projects, St. Jude and Easter Seals. We supported the Foundation scholarships for Ohio. Our local projects include Feeding Medina County and Cups Café (a restaurant that feeds the needy). We enjoy hearing about the "antics" of Bella Rose, Sarah's new golden retriever. Will she be as much "fun" after her training classes?

I was invited to attend the ticket sale for our St. Jude Dream Home at Fox 8 television station on February 23 so participated in the celebration upon selling 25,000 tickets in 83 minutes! Wahoo! It was another special day with Ashley Eddie and Evan Hutton from ALSAC!

We look forward to the OSC Convention in May and the new concept to face the challenges of holding a convention in the changed times of our day.

Shirley Krcmar



CHAPTER CHATTER ... GAMMA KAPPA

The words by which we as members of ESA live by are Education, Service and Association.

These words have never been truer this past year with Gamma Kappa. Each of us have faced some difficult medical issues recently, that have led to an education of medical vocabulary which we were not familiar, or never thought would be a part of our lives and new ways we can assist one another.

Service to one another in our times of needs has never been greater. Grace Striley had a complete shoulder replacement March 1st, and will be needing her sisters to help once she is out of rehabilitation. Gamma Kappa's

service to assist our sisters has been ongoing throughout the winter months.

Our strong association with one another has been an important key to each of us. Little things, like phone calls, transportation, food, prayers, just being there and caring is what makes ESA an important part of our lives, each and every day.

We know that our chapter is not unique, as all of our chapters have been having similar issues, and have been there for one another, because that's what ESAers do!

Amy Hudoba is very excited about becoming a first time grandma to her son Michael and

wife Valerie in April. A trip to Los Angeles for a visit will be in May. Madeleine and Nick Kurzynski will be going to England for their nephew's wedding in April, followed by a side trip to Paris.

Hoping several of us will be able to attend the OSC convention in May to visit with our great sisters



CHAPTER CHATTER...GAMMA BETA

Welcome Spring!

How appropriate that our ESA flower symbol is the Jonquil. Their bright yellow faces invoke happiness as we see the cloudy, cool days **change to sunny, warmer ones.**

All four Gamma Beta sisters were able to attend the March Council hosted by Sigma Chi. Their location was an excellent one for that meeting.

We will soon complete our Philanthropic projects for this year then compile our points and miles to complete the Philanthropic report.

This year we will be changing officers for the 2023-2024 year.

Mary and Sam recently celebrated their 50th wedding anniversary with a small party.

Family, neighbors, the chapter, and former classmates attended. The best man drove from New York. The maid of honor lives locally.

Our former member Cathy and her husband arrived from Indiana to join in the celebration.

Three of us agreed to be on the board again next year. We hope all of us will be able to attend the May Convention in Pickerington hosted by Beta Psi and Pi Xi.

Wishing all of you a healthy and happy summer.

Kathleen Seewer
Gamma Beta President



CHAPTER CHATTER ...PI XI

Pi Xi started the year with a chapter meeting focusing on pets. We cut up t-shirts and made dog toys. Our newest member Barb Castiaux hosted us at her house and she even donated more toys and snacks. We took our donations to Marysville Animal Shelter.



President Amanda Rowland also got to pin her amazing members Adara McCarty and Ashley Collins with their Jewel pins. Way to go ladies and show your commitment to giving back!



Pi Xi is working along Beta Psi to host a great Convention for everyone in May. We know you won't want to miss it.

For the month of March we are collecting items for Project Woman in Springfield, Ohio.

April we are focusing on our Military. Sending items to our soldiers.

Pi Xi will also be gearing up to volunteer at the Discover the Dream at the Zoo in Columbus in May.



NOTE: Convention Information and Reservation Form appear on Pages 19 and 20 of this BJ. Hotel reservations are due by **April 15**.

CHAPTER CHATTER ... SIGMA CHI

OSC Spring Meeting

Thank you to Joan Farabee (OSC President), the OSC Board and all the fun ESA Ohio members and guests for a wonderful time at the OSC meeting on March 4th. We learned from Joan, by choosing from a list of descriptive words on what ESA means to us, how to hone our efforts on communicating and sharing with a prospective pledge the benefits ESA has to offer. Mandy shared with us helpful tools/tips to communicate our messages effectively on social media apps.

From the collective good hearts of ESA attendees, product donations poured in - filling boxes and bags of needed items for **Matthew 25: Ministries**: canned foods, pill bottles (for recycle), personal hygiene, first aid and medical supplies, and clothing. **Matthew 25: Ministries**, a non-profit organization in Cincinnati, ships supplies to people impacted by sudden disasters and in those in need of humanitarian aid.

Currently they're assisting the residents of East Palestine, OH and Turkey/Syria Earthquakes and were so appreciative of our donations. <https://www.facebook.com/m25m.org>

"Bunco For St. Jude Kids" fundraiser – Sunday, April 16, 2023

We're excited to host our 17th annual St. Jude fundraiser "Bunco For St. Jude Kids" on **Sunday, April 16, 2023, 2-4pm at the same location as the OSC meeting - 8871 Weekly Lane, Cinti 45249**. Join us for a FUN afternoon of Bunco, silent auctions, and prizes. A buffet

with hearty appetizers, side dishes, desserts, and beverages will be provided. Admission is \$25. **The beautiful silent auction baskets with gift cards and fun items are sure to please gals and guys:** casual and fine dining, REDS tickets, golf outing, entertainment venues, family fun, gardening, the great outdoors, Margaritaville, grillin' chillin' & BBQ, and more. We had great fun with our ESA sisters, friends, families, and guests last year and hope to see you all again. **Contact Debbie Martins (Sigma Chi) for seating reservations and payment at 513-225-0294.** With limited space, please try to get reservations in by April 2.

Cinti Art Museum (CAM) Tour – Jan 2023

In January, Sigma Chi members (plus 1 guest) enjoyed a docent-led tour of the Cincinnati Art Museum. Our docent, Christine Carli, gave us an introduction on CAM's history and 3 philanthropic women who made significant contributions to the museum - Mary Emery,

Mary Hanna, and Mary Schiff.

We then toured some of the museum's major masterpieces including: Louis Tiffany's large stained-glass pastoral windows (4) and a large collection of vases; paintings by - British artist Thomas Gainsborough, Pablo Picasso, Flemish artists Anthony van Dyck and Peter Paul Rubens, American artist Helen Frankenthaler, and *Still Life with Bread & Eggs* by French artist Paul Cezanne. Our docent shared the recent finding by CAM when they were cleaning the Cezanne painting. Upon taking an x-ray of the *still life* they discovered hidden beneath it a prior painting of a man, possibly Cezanne's self-portrait.



PICTURES FROM OSC MEETING, MARCH 2023 HOSTED BY SIGMA CHI



Maddie Kurzynski,
Gamma Kappa



Carol Hazelett,
Gamma Beta



Jane Williams,
Sigma Chi



Ashley Collins,
Pi Xi

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Leadership discussion with Joan Farabee, President

MORE PICTURES FROM OSC MEETING



Donations from ESA Ohio for
Matthew 25: Ministries



Matthew 25: Ministries is an international humanitarian aid and disaster relief organization helping the poorest of the poor and disaster victims locally, regionally, nationally, and internationally regardless of race, creed, or political persuasion.



March St. Jude auction package made by
Debbie Martins, Sigma Chi

A STORY ... TONYA CAMPBELL FROM SIGMA CHI

The Hayden & Crue project:

Today we'd like to introduce you to Tony, Nicole, Wayne and Kelsey.



Hi Tony, Nicole, Wayne and Kelsey. We'd love to learn more about how you got to where you are today.

We found out we were pregnant in May of 2019. We were so excited to be starting a family. My first trimester was showing to be normal with no complications. Right at 13 weeks, entering into the 2nd trimester, I began to experience things that were contradicting to normal pregnancy symptoms. From that point on I was having to go to multiple doctors' appointments a week. Many ultrasounds were conducted, and while they could detect a bleed, the baby was still thriving. At week 16, even while experiencing scary pregnancy symptoms, we went to our appointment at Becoming Mom to find out the gender of our baby. We were ecstatic to find out that we were going to be adding a baby girl to our family. 3 short weeks later, our worries and nightmares became true. We found out that our baby girl's heartbeat was no longer detected. I was immediately admitted into Labor and Delivery and was induced to give birth. On September 1st, 2019, I gave birth to Hayden Rae Campbell. She weighed 4.8 oz and was 7 1/2 inches long.

Wayne and Kelsey Hambrick's Story: In 2019, we fell pregnant with our angel Crue. I quickly started showing signs of preeclampsia at about 20 weeks and had to be closely monitored by the Maternal Fetal Medicine doctors at UC Medical Center. By 24 weeks things turned for the worst, and I was hospitalized with severe preeclampsia for the final time. My blood pressure was continuing to rise, despite multiple medical interventions, and my brain was showing signs of swelling, leaving the team with no choice but to deliver. At just 24 weeks and 4 days, I had an emergency C-section. Crue Corbett Hambrick was born crying and full of life on December 9th, 2019. He weighed 1 lb. 6 oz and was 12 inches long. After battling multiple brain bleeds and NEC, he passed away from sepsis on December 18th, 2019. He gave us 9 beautiful days that we will cherish forever.

In March of 2020, we decided to start The Hayden & Crue Project. We are a 501(c)(3) nonprofit organization dedicated to providing support to families on their unique journey through parenthood. This journey can include infertility, extended hospitalization, miscarriage, stillbirth, and infant/child loss. We are also working to give back to Labor and Delivery (L&D) and Newborn Intensive Care Unit (NICU) nurses in local hospitals. Our vision is to continue to work with local hospitals providing necessities for families in need. This can include emergency kits containing essential toiletry items as well as desired comfort items.

We are currently partnering with Good Samaritan Hospital

to develop the Angel Suite, which will provide families with a private room to spend time with their baby away from the Labor and Delivery Unit. This suite will bring comfort to parents who have lost the baby in the womb, will inevitably lose the baby after giving birth, or even for parents who plan to give their baby up for adoption. This space would be located on an overflow floor away from the Labor and Delivery Unit and would be designed to support these families during one of the hardest moments of their lives. This space will allow the parents to be away from the triggering sounds, equipment, and atmosphere that surrounds them in a typical L&D unit. The suite will have comforting items such as a rocking chair, books, refrigerator, larger bed for both parents, cleansing and dressing station containing infant clothes, and blankets for them to use if they choose to. There will also be a cuddle cot located in the room full time. The cuddle cot preserves the baby so that the family gets to spend adequate time and create memories before having to leave the hospital.

We are also working to give back to L&D and NICU nurses, as they are a key part of every family's journey, and we are so appreciative of the patience and care that they provide.

We all face challenges, but looking back, would you describe it as a relatively smooth road?

We both laughed while reading this question; the loss of a child is definitely not something that any parent wants to experience, no matter the amount of time spent here on earth. We both had to individually navigate through loss in our own ways but commonly found that we leaned upon each other a lot through the process. The first year was the hardest. We still have hard days; grief has a way to creep up on you when you least expect it. Sometimes all it takes is a familiar sound, memory, or photo to pop up and completely take you back to the hardest moments. We would have to say that milestones are also tough. When you lose a baby you lose a lifetime of celebrations, but we never stop celebrating and showing honor of what could have been.

Can you tell our readers more about what you do and what you think sets you apart from others?

Tony- Tony works for a family-owned third party transportation company known as Bridge Logistics. He is a team lead in sales, with five employees following his lead.

Wayne- Wayne is a marine

corps veteran. He now works as a lineman for Duke Energy.

Kelsey- Kelsey is a nurse manager at Beckett Springs Hospital in West Chester. Her background includes emergency nursing as well as psychiatric nursing.

Nicole- Nicole worked as a manager of multiple insurance agents. Now, she has the best job of all; a stay-at-home mom!

Do you have any memories from childhood that you can share with us?

We loved spending time with our families!

Contact Info:

Website:

www.thehaydenandcrueproject.com

Instagram:

<https://www.instagram.com/thehaydenandcrueproject/>

Facebook:

<https://www.facebook.com/TheHaydenandCrueProject>

Image Credits
Riley Wiesman



You're Invited to the Ohio State Council's 75th Annual Convention

May 5th and 6th 2023

Join us Friday night May 5th for a Mardi Gras Murder Mystery Mixer!

6:30 PM—Registration check in & mingling

7:00 PM—Event starts

Location:

Therese Snively's home

12126 Woodrow Lane

Pickerington, Ohio 43147

Food and refreshments will be provided. Costumes are encouraged.

*Actors in the murder mystery will be chosen prior to the event.



Join us Saturday May 6th for a fun filled day

9:30 AM— Meet and Greet /Registration check in

10:00 AM—Convention begins / Meeting Room A

Association of the Arts / Meeting Room C

Lunch will be provided during the convention.

Pickerington Public Library

201 Opportunity Way

Pickerington, Ohio 43147



Installation Banquet

Berwick Manor

6:30 PM

3250 Refugee Road

Columbus, Ohio 43232

Hotel information

Hampton Inn Columbus-East
1890 Winderly Lane
Pickerington, Ohio 43147
614-864-8383



May 5th—7th Room block

2 Queen beds-No smoking \$107.00 Plus tax

Book before April 15th

Booking link: <https://www.hilton.com/en/attend-my-event/cmheahx-oe9-94cccbe7-baea-4384-8de6-77befd95e67f/>

Click link above to get the special ESA Ohio Rate!

Member Name: _____
Phone Number: _____ Email: _____
Chapter Name _____ Ohio State Council Position/Chair: _____
Allergies: _____ Delegate: Y/N _____

FULL Registration _____ \$ 105.00

Partial Registration:

Friday night Mixer _____ \$20.00

Saturday Lunch only _____ \$25.00

Banquet only _____ \$ 60.00

Total Amount enclosed \$ _____

Registration Deadline: April 15th 2023

Make checks payable to Beta Psi

Mail checks to Brenda Meyers @ 242 Oxford Drive Fairborn, Ohio 45324



**Midwest Area Regional Council
38th Annual Conference
Embassy Suited by HILTON
East Peoria, Illinois
October 13-14, 2023
Hosted by Illinois State Council**



Name _____ State _____
 Address _____
 City, State, Zip _____
 Email Address _____ Phone _____
 Emergency Contact _____ Phone _____
 Travel Plans: Driving: _____ Flying: Airline _____ Flight # _____ Date _____
 Names of Roommates: _____
 Name Tags Yes ___ No ___ (I will bring my own) Program Book Yes ___ PDF Only ___

**Current Officer /
Offices Held**

(Check all that apply)

MARC Exec Board
 MARC Appt Board
 MARCette
 IC Exec Board
 IC Appt Board
 ESA Foundation
 ESA Headquarters
 1st Time Attendee
 Guest
 Youth Attendee

Registration Fees (includes meeting fees, food, A/V, 12% tax & 25% service charges)

Postmarked no later than 9/12/2023

- Registration for Conference and Leadership \$175.00
- Registration excluding Friday Leadership \$150.00

Postmarked after 9/12/2023

- Registration for Conference and Leadership \$190.00
- Registration excluding Friday Leadership \$175.00

Walk-in Registration after 10/1/2023

- Walk-In Cash or Money Order Only \$205.00

Partial Registration

- Saturday Luncheon only \$50.00
- Saturday Banquet only \$65.00

Youth Meals (Under 12 years old) *

- Friday Lunch \$22.00
- Saturday Lunch \$22.00
- Banquet \$22.00

Total Endowed \$ _____

Medical Dietary Restrictions (additional charges may apply) _____

Mail to: Rhonda Rawlings, Conference Treasurer/Registration Chair P.O. Box 581 Neoga, IL 62447

Email: esarawlings@gmail.com Phone: 217-621-4637 *Registration Chair will contact you with youth meal choice

Hotel Information: Embassy Suites by Hilton 100 Conference Center Dr, East Peoria, IL 61611 Phone: 309-694-0200
 Group Code: EPS for Group Rate click link to make a reservation <ESA MARC 2023>
Room Block honored until September 21, 2023
 Room Rates: \$139 Single/Double; \$149 Triple; \$159 Quad per night, plus tax.
 *Room rates honored two days prior / after conference based upon availability
 Complimentary self-park, in room Wi-Fi & free breakfast and manager's reception.
 Pay by Credit Card processed via Square (4% service charge applies)
 Name on Card _____ CC# _____
 Exp Date _____ CVS _____ (Note: CC# & information will be blacked out and shredded after processing)

All cancellation requests must be made in writing, postmarked by 9/1/2023, if approved, a \$15 cancellation fee applies; one-time only member to member registration is allowed by 9/1/2023 with a \$15 processing fee. Approved 3/20/2023

No refunds after 9/12/2023

WEB MASTER...BECKA LLOYD

Happy New Year, ESA Ohio!!

I hope you all had the happiest of holidays! Just a few updates to the website lately! I have added a few pages and started putting announcements on the front-facing page.

Some of the new things are the Scholarships page. I added some Ohio-specific scholarship information with the link to the Scholarships page on the ESA website. I will also add information about the fees per each scholarship application.

I'm also looking into if we can build some capability to run our St. Jude bidding on the website. I am still looking into it to see if Weebly has the ability to do it and if we can do something like this on the site.

I've also made an Archive for all the older "Happenings." That way, the page doesn't get too long. If any chapters have any events and photographs, please send them my way so I can post them!

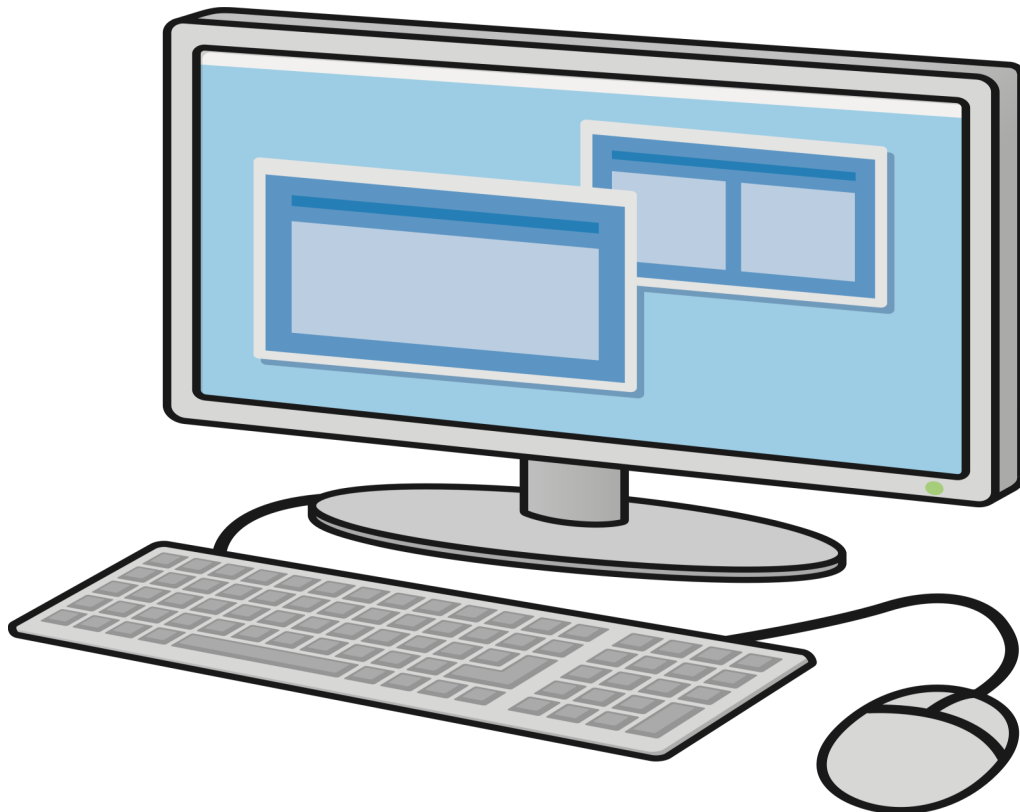
Also, just as a reminder, if your chapters have any events and you need flyers for them, please let me know and I will make them in Canva and send them to you to post, and we can give them to Mandy to post on social media.

Best wishes in this new year, and let's make it the best!

ESA Love and Hugs,

~Becka

Website Under Improvement





EPSILON SIGMA ALPHA



ESA is a premiere leadership/service organization that offers members the programs, information and personal support needed to develop the confidence and competence to impact the world in a positive way.

Through a network of chapters in the US and abroad, an ESA member has the opportunity to form life-long friendships and share the power to make a difference. That difference is felt close to home and in far-reaching ways by membership participation in community service and major philanthropic projects.

To help you become your personal best, ESA International will provide leadership training, seminars, education programs and the challenge to develop individual strengths. All the while, your fellow ESA members will help you reach those goals.

Business Tagline or Motto

EDITOR . . . KATHLEEN SEEWER



Thank you to all who submitted an article and pictures.

The next BJ will be the Fall Issue.

Articles to appear in that issue are due:

August 1, 2023 (tentative)

